# THRIVE \*\* real ice cream, real benefits.

Thrive Ice Cream helps solve the nutritional challenges faced by hospitals, senior living and rehabilitation facilities. Thrive's complete nutrition addresses issues such as adult malnutrition, poor appetite, low energy, swallowing disorders, and other special needs. Patented probiotics support digestive and immune health. Best of all, Thrive's delicious flavor brings enjoyment to every bite!



# COMPLETE

REAL® dairy milk proteins, vitamins, minerals, probiotics, fiber, natural flavors and colors.

### THRIVE HAS NO

artificial colors, no HFCS, no palm oil, no hormones, and no fillers.

### **DELICIOUS**

flavor and creamy texture boosts enjoyment and compliance with dietary plan.

# **USE AS A**

meal supplement or replacement, snack, dessert, or in nutritionfortified smoothies

### **MELTS TO**

a nectar consistency and is suitable for those with swallowing disorders.

### READY-TO-SERVE CUPS

are perfect for patients and residents and as a cafeteria option for staff and guests.

































### Nutrition Facts

1 servings per container 6 Floz (135g) Serving size

Amount per serving	~~~
Calories	270
% Dai	ly Value
Total Fat 13g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 90mg	4%
Total Carbohydrate 33g	12%
Dietary Fiber 6g	21%
Soluble Fiber 6g	
Total Sugars 26g	
Includes 22g Added Sugars	45%
Protein 9g	
Vitamin D 8mcg	40%
Calcium 441mg	35%
Iron 5mg	30%
Potassium 551mg	10%
Vitamin A 358mcg	40%
Vitamin C 45mg	50%
Vit E 4mg	25%
Vitamin K 20mcg	15%
Thiamin 0.2mg	15%
Riboflavin 0.3mg	25%
Niacin 3mg	20%
Vitamin B <sub>s</sub> 0.3mg	20%
Folate 107mcg DFE	25%
Vitamin B <sub>12</sub> 0.6mcg	25%
Biotin 6mcg	20%
Pantothenic Acid 1mg	20%
Phosphorus 446mg	35%
lodine 42mcg	30%
Magnesium 98mg	25%
Zinc 2mg	20%
Selenium 10mcg	20%
Copper 0.2mg	20%
Manganese 0.5mg	20%
Chromium 14mcg	40%
Molybdenum 9mcg	20%

INGREDIENTS: Milk, Cream, Sugar, Water, Milk Proteins, Soluble Corn Fiber, Dextrose, Cocoa (processed with Alkali), Thrive Proprietary Vit/Min blend-(Dimagnesium Phosphate, Tricalcium Phosphate, Dipotassium Phosphate Potassium Chloride, d-1 alpha Tocopheryl Acetate, Ferric Orthophosphate, Potassium Iodide, Vitamin A Palmitate, Vitamin D3. Niacinamide, Zinc Oxide, Vitamin K-1, Manganese Sulfate, Sodium Selenite, D-Calcium Pantothenate, Sodium Molybdate, Chromium Chloride, Folic Acid, Biotin, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Cupric Oxide, Cyanocobalamin), Natural and Artificial flavors Natural Stabilizer Blend(Tamarind Seed Gum, Celulose Fiber), Salt, Ascorbic Acid, Bacillus coagulan - GBI-30 - 6086, Bifidobacterium, L. acidophilus, L. paracasei.

Contains: Milk, Egg

### **Nutrition Facts** 1 servings per container 6 Floz (135g) Serving size

Amount per serving 270 Calories % Daily Value Total Fat 13g 17% Saturated Fat 8g Trans Fat 0g Cholesterol 45mg

15% Sodium 90mg 4% Total Carbohydrate 32g 12% Dietary Fiber 6q 21% Soluble Fiber 6a Total Sugars 25g

Includes 22g Added Sugars	45%
Protein 9g	
/itamin D 7mcg	35%
Calcium 456mg	35%
ron 4mg	20%
Potassium 434mg	10%
/itamin A 350mcg	40%
/itamin C 45mg	50%
/it E 4mg	25%
/itamin K 19mcg	15%
Thiamin 0.2mg	15%
Riboflavin 0.3mg	25%
Niacin 3mg	20%
/itamin B <sub>4</sub> 0.3mg	20%
Folate 106mcg DFE	25%
/itamin B <sub>12</sub> 0.6mcg	25%
Biotin 6mcg	20%
Pantothenic Acid 1mg	20%
Phosphorus 432mg	35%
odine 42mcg	30%
Magnesium 98mg	25%
Zinc 2mg	20%
Selenium 10mcg	20%
Copper 0.2mg	20%
Manganese 0.4mg	15%
Chromium 7mcg	20%
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\*The % Daily Value tells you how much a nutrient i serving of food contributes to a daily diet. 2,000 ca day is used for general nutrition advice.

INGREDIENTS: Milk, Cream, Sugar, Water, Milk Proteins, Soluble Corn Fiber, Dextrose, Thrive Proprietary Vit/Min blend-(Dimagnesium Phosphate, Tricalcium Phosphate, Dipotassium Phosphate, Potassium Chloride, d-1 alpha Tocopheryl Acetate, Ferric Orthophosphate, Potassium Iodide, Vitamin A Palmitate, Vitamin D3, Niacinamide, Zinc Oxide, Vitamin K-1. Manganese Sulfate, Sodium Selenite, D-Calcium Pantothenate, Sodium Molybdate, Chromium Chloride, Folic Acid, Biotin, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Cupric Oxide Cyanocobalamin), Natural and Artificial Vanilla Flavor, Natural Stabilizer Blend (Tamarind Seed Gum, Cellulose Fiber), Salt, Ascorbic Acid, Bacillus coagulan - GBI-30 - 6086, Bifidobacterium, L. acidophilus, L. paracasei, Annatto extract (color)

Contains: Milk, Egg

### **Nutrition Facts**

1 servings per container 6 Floz (135g) Serving size

Amount per serving 270 Calories % Daily Value Total Fat 12g 17% Saturated Fat 8g 40% Trans Fat 0g Cholesterol 45mg 15% Sodium 85mg 4% Total Carbohydrate 33g 12% Dietary Fiber 6g 21% Soluble Fiber 6g

Total Sugars 26g	
Includes 21g Added Sugars	40%
Protein 9g	
Vitamin D 7mcg	35%
Calcium 430mg	35%
Iron 4mg	20%
Potassium 446mg	10%
Vitamin A 339mcg	40%
Vitamin C 45mg	50%
Vit. E 4mg	25%
Vitamin K 21mcg	20%
Thiamin 0.2mg	15%
Riboflavin 0.3mg	25%
Niacin 3mg	20%
Vitamin B <sub>e</sub> 0.3mg	20%
Folate 100mcg DFE	25%
Vitamin B <sub>12</sub> 0.5mcg	20%
Biotin 5mcg	15%
Pantothenic Acid 1mg	20%
Phosphorus 408mg	35%
lodine 40mcg	25%
Magnesium 92mg	20%
Zinc 2mg	20%
Selenium 10mcg	20%
Copper 0.2mg	20%
Manganese 0.4mg	15%
Chromium 6mcg	15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calorie day is used for general nutrition advice.

Molybdenum 8mcg

20%

INGREDIENTS: Milk, Cream, Sugar, Water, Milk Proteins, Soluble Corn Fiber, Strawberries and Strawberry Juice, Dextrose, Thrive Proprietary Vit/ Min blend-(Dimagnesium Phosphate, Tricalcium Phosphate, Dipotassium Phosphate, Potassium Chloride, d-1 alpha Tocopheryl Acetate, Ferric Orthophosphate, Potassium Iodide, Vitamin A Palmitate, Vitamin D3, Niacinamide, Zinc Oxide, Vitamin K-1, Manganese Sulfate, Sodium Selenite, D-Calcium Pantothenate, Sodium Molybdate, Chromium Chloride, Folic Acid, Biotin, Pyridoxine, Hydrochloride, Thiamin Mononitrate, Riboflavin, Cupric Oxide Cyanocobalamin), Natural Flavors, Natural Stabilizer Blend(Tamarand Seed Gum. Cellulose Fiber), Salt, Ascorbic Acid, Bacillus coagulan - GBI-30 - 6086, Bifidobacterium, L. acidophilus, L. paracasei, Red Beet extract and Purple Carrot Concentrate(color).

Contains: Milk. Egg

# **Nutrition Facts**

1 servings per container 6 Floz (135g) Serving size

Amount per serving Calories	230
	aily Value
Total Fat 13g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 110mg	5%
Total Carbohydrate 28g	10%
Dietary Fiber 6g	21%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Sugar Alcohol 16g	
Protein 9g	
Vitamin D 8mcq	40%
Calcium 457mg	35%
Iron 4mg	20%
Potassium 478mg	10%
Vitamin A 357mcg	40%
Vitamin C 46mg	50%
Vitamin E 4mg	25%
Vitamin K 20mcg	15%
Thiamin 0.2mg	15%
Riboflavin 0.4mg	30%
Niacin 3mg	20%
Vitamin B <sub>s</sub> 0.3mg	20%
Folate 106mcg DFE	25%
Vitamin B <sub>12</sub> 0.4mcg	15%
Biotin 5mcg	15%
Pantothenic Acid 1mg	20%
Phosphorus 444mg	35%
lodine 35mcg	25%
Magnesium 99mg	25%
Zinc 2mg	20%
Selenium 10mcg	20%
Copper 0.2mg	20%
Manganese 0.5mg	20%
Chromium 7mcg	20%
Molybdenum 9mcg	20%

day is used for general nutrition advice INGREDIENTS: Milk, Cream, Maltitol\*, Milk Proteins, Soluble Corn Fiber

Polydextrose, Thrive Proprietary Vit/ Min Blend (Dimagnesium Phosphate, Tricalcium Phosphate, Dipotassium Phosphate, Potassium Chloride, d-1 alpha Tocopheryl Acetate, Ferric Orthophosphate, Potassium Iodide, Vitamin A Palmitate, Vitamin D3. Niacinamide, Zinc Oxide, Vitamin K-1, Manganese Sulfate, Sodium Selenite, D-Calcium Pantothenate, Sodium Molybdate, Chromium Chloride, Folic Acid, Biotin

Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Cupric Oxide, Cvanocobalamin), Glycerine, Natural Stabilizer Blend (Tamarind Seed Gum, Cellulose Fiber), Salt, Ascorbic Acid, Sucralose, Acesulfame-K, Annatto(color)

Contains: Milk, Egg

The International Dysphagia Diet Standardization Initiative (IDDSI) has issued new guidelines. Thrive Ice Cream falls into the Level 2 Mildly Thick (Nectar) category per IDDSI guidelines.



